POMPEI COLLEGE AIKALA - MANGALORE – 574 141 NATIONAL SERVICE SCHEME

Report of the NSS and YRC activities conducted during 2019-20

Following is the concise report of the National Service Scheme Unit of Pompei College during the academic year 2019-20.

21.06.2019: International Yoga Day

The volunteers of Isha Foundation were the Resource Persons on International Yoga DayMr Harish Kethan, a chief volunteer headed the programme. The NSS and YRC volunteers were informed about the benefits of regular yoga practice and were also taught of few *asanas*.









29.06.2019: Orientation to Volunteers

The orientation for the year 2019-20 was conducted in the auditorium. The aims and objectives of the NSS was explained. Prof. Yogindra B. former NSS Officer was the main speaker. The leaders of the unit and the class leaders were selected.







05.07.2019: Preparation for inauguration

The whole campus was decorated to give a festive look on the day of the inauguration of NSS and YRC activities. Volunteers not only cleaned the campus but also decorated with traditional mango leaf festoon. Rangoli design was laid to mark the celebration.



06.07.2019: Inauguration of annual activities

On 06.07.2019the regular activities for the year 2019-20 were formally inaugurated along with Youth Red Cross and Red Ribbon units of the college in the auditorium of the college by Rtn Sharath Shetty, Press Reporter and Alumnus of the college. The formal programme was followed by entertainment programme on educational themes.



09.07.2019: Press day

The Press Reporters' Association, Mulki Zone conducted 'Press Day' on 09.07.2019 at 2.30 pm in the college auditorium for the volunteers of NSS, YRC and NCC. MrSukhpalPolali, Reporter, Public TV, Mangalore zone conducted an interactive session on this occasion. This education programme was attended by many reporters who had informal conversations with the volunteers.







14.07.2019: Planting of paddy saplings

To provide an exposure to students in the paddy cultivation a day camp was arranged in Kadandale at Mr RavindraShetty's paddy fields. The locals taught our volunteers how to plant the paddy saplings. Mr SucharithaShetty, Vice President, D.K.M.F, Mangalore and Mr Leeladhar, Vice President, PaladkaGramaPanchayath briefed the volunteers on the paddy cultivation and animal husbandry. By the toil and hardship of the day's labour, volunteers understood the struggles of agrarian and rural India.







27.07.2019: Vanamahotsava

The unit conducted the annual Vanamahotsavain Mennabettu Grama Panchayath vicinity, the adopted village of the unit. The programme was inaugurated by Mrs Sarojini Gujaran, the

President of Mennabettu Grama Panchayath by planting a sapling. The Principal of the college Mr K Jagadisha Holla, PDO of Mennabettu Panchayath, Veterinary of Mennabettu and the members of Mennabettu Grama Panchayath were present. A hundred saplings were planted.





03.08.2019: "AÄvÉÛPÀ Áåt' Programme at Mangalore

Twenty one volunteers participated in a day long programme '*AÄvÉÛPįÁåt' held in Town Hall, Mangalore on 03.08.2019



















13.08.2019: Meeting in connection with Independence day

A meeting was conducted to deliberate on the programme and the work to be done on the independence day.

15.08.2019: Independence Day celebration

After the flag-hoisting programme in the college campus, the volunteers went to the adopted village to partake in the Swachatha Abhiyana programme held in the adopted village Mennabettu. After the work, a formal programme marking the Independence Day celebration was conducted in the premises of the Mennabettu Gram Panchayath.









17.08.2019: Awareness programme on Dengue, Maleria

To impart correct information on diseases like Dengue and Maleria a health education programme was conducted on 17.08.2019. Dr Bhaskar Kotian, Medical Officer of Primary Health Center, Kateel was the Resource Person. YRC, RRC and NCC volunteers also participated in the programme.

24.08.2019: Life skill programme

As part of ongoing life skill programme, the volunteers were trained by Dr Victor Vaz E, Programme officer and Mrs Silvia Pais Assistant Programme Officer.









26.& 28.08.2019: Meeting and preparation for blood donation camp

Meetings were conducted to prepare the volunteers for the inauguration of blood donation programme and preparations were also made in connection with blood donation camp.

29.08.2019: Blood donation Camp

In association with KMC Hospital Mangalore a blood donation camp was conducted on 29.08.2019. Rtn Shrikanth Kamath, entrepreneur inaugurated the camp. 180 units of blood were collected.



















07.09.2019: Jatha

Jatha on Dengue and Maleria was inaugurated by Rev Fr Victor D'Mello, Correspondent in the college campus. The NSS, YRC,RRC and SWC students participated in two k.m. jatha by displaying the placard and sloganeering. A human chain was formed to bring awareness on the diseases. An educational programme was conducted in fron of the Commercial Complex building. Mr NithinVaz, Social Activist was the Resource Person. Presidents of Mennabettu and Kinnigoli Grama Panchaths, Mr Bhuvanabhirama Udupa, proprietor, Yugapurusha were present on the dias. Principal presided over the programme. The Presidents and members of Rotary Club, Lions Club and Inner Wheel Club were present.









21.09.2019: NSS Day celebrations

On the NSS Day, NSS flag hoisting programme was conducted at 9.00 am.in the college grounds. The flag was hoisted by Mrs Shobha Crasta, Advocate's Assistant, Mulki. A fellowship meal was arranged in the afternoon for the well-wishers and the volunteers. Ln Babu Rajendra Prasad, President, Ganeshotsava Committee, Kallamundkur was the Chief guest, on the special occasion NSS unit of the college felicitated Mr Michel Pinto, former Librarian of Pompei College Aikala and Ln Shambhavi Shetty, Former President of Lions Club Kinnigoli, Principal presided over the formal programme. After the formal programme a cultural show by the volunteers was arranged.









24.09.2019: Tobacco pledge

To create an awareness on the health hazards of tobacco consumption a pledge was taken by all the volunteers to desist from having any proximity with the tobacco. A documentary on health and tobacco was watched.





28.09.2019: Cleaning of Rotary Public Park at Moorukaveri

A day camp was conducted to have an annual maintenance of Rotary Public club. Along with the cleaning of the park volunteers planted some plants in the park. A huge number of office bearers and members of Rotary Club were present.











30.09.2019: Awareness on Drug addiction

The unit conducted an awareness programme on drug addiction in association with Prajna Counselling Center , Mangalore, Inner Wheel Club, Kinnigoli, YRC, RRC and SWC. The Resource Persons were: Mr Harry D'Souza, Counsellor, PrajnaCounsellingCenter , Mangalore and Mr Sharun, member, Narcotics Anonymous.







02.10.2019: Gandhi Jayanthi celebration, Civic felicitation and cleanliness drive

In association with J.B.Friends, Kinnigoli, the unit celebrated Gandhi Jayanthi. Till afternoon the volunteers rendered service in cleaning the streets of Mennabettu, the adopted village. Afternoon, a formal programme was conducted and thirteen civic labourers were felicitated.











22.11.2019 to 28.11.2019Special Camp held at D.K.Zilla Panchayath Higher Primary School, Varnabettu

The annual NSS camp for the year 2018-19 was held from 22.11.2019 to 28.11.2019atD.K.Zilla Panchayath Higher Primary School, Varnabettu. The camp was conducted to clean the school campus, repair road, disseminate knowledge on health, environment, organic farming, personality development, women and child rights, literature for education, national integration and to showcase the cultural talents of the students and the local public.

During the camp a programme to develop heathy relationship called *SambandagalaKalarava*, to broaden the horizon of living through literature a programme on DVG's writing, a programme on personal counseling, a programme on need for organic based agriculture was conducted.





































15.12.2019: Service programme at Sri DurgaParameshwari Temple Kateel

In preparation for Brhmakalashotsava the fifteen volunteers of the unit rendered a day's service at Sri Durga Parameshwari Temple, Kateel on 15.12.2019







01.01.2020: Meeting and preparation for Yuvajanotsava

An orientation programme on Yuvajanotsava competitions was conducted to brief the volunteers about the rules and regulations of the various competitions to be held during the Yuvajanotsava. To participate in all the activities of the Yuvanotsavaten teams were formed which included all the volunteers of NSS and YRC. The teams selected various tribes names as their team names. The names of the teams were: Kamar, Santhal, Siddi, Adiyan, Kooki, Angami, Pawai, Kadar, Soliga and Bhilla.

04.01.2020: Local Games for Yuvajanotsava

To create and sustain interest in the local native games 'Play for Unity' KPÀvÉAiÀÄQæÃqÉ four sporting events: 1. *Lagori* ®UÉÆÃj 2. *Benchendu* "É®ÑAr: 3.*Kannemucchale* PÀuÁÚªÀÄÄZÁѯÉ*and* 4.*Breaking the Pot Blindfolded* CAzsÀ «PÀæªÀÄ were organized. It was a fun filled afternoon.













06.01.2020: Speech competition for Yuvajanotsava

A speech competition titled 'Young VoiceAiÀÄÄäÀzsÀ餒 was conducted on the topic '•Àj¸ÀgÀ¸ÀAgÀPÀëuÉAiÀÄ CUÀvÀåvÉ'.



07.01.2020: Pick and Act competition and Pick and Speak competition for Yuvajanotsava

Pick and Act xÀlÖ£É £Àn¸ÀÄ competition and Pick and Speech xÀmÉÖAzÀÄ £ÀÄr competition were conducted on the same day.

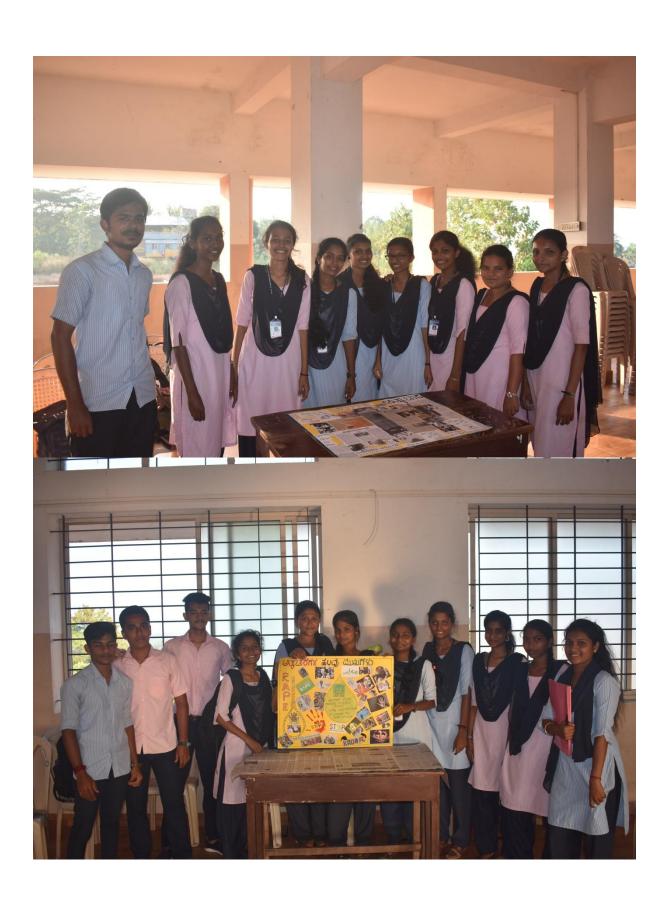




08.01.2020: Collage Competition for Yuvajanotsava

A collage competition titled 'United Mind KPÀ ¸Àäøw'was conducted on the topic 'CvÁåZÁgÀzÀ °À®ªÀÅ ªÀÄÄRUÀ¼ÀÄ'.







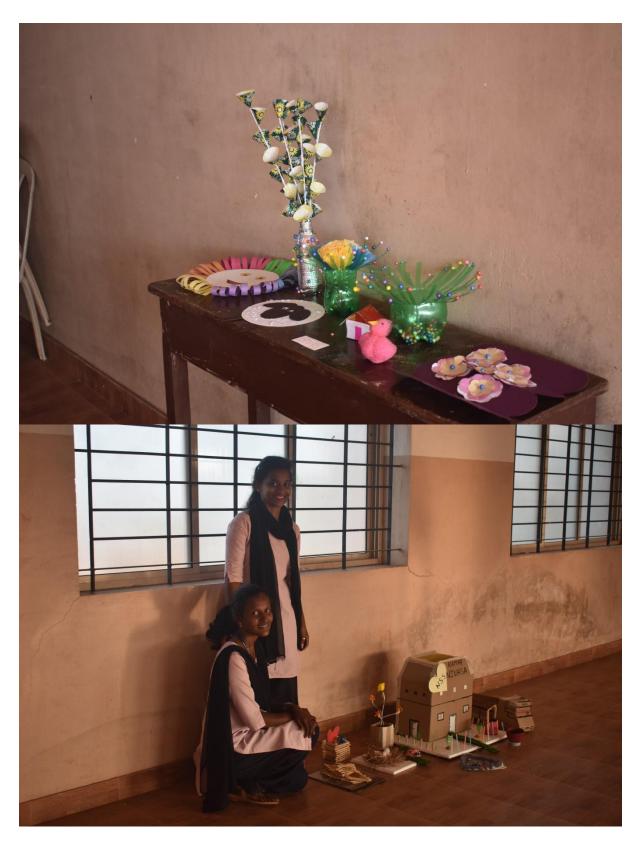
09.01.2020: Best out of waste for Yuvajanotsava

The Best out of waste competition titled 'Wealth out of wastegÀ¸À ¸ÀA "sÀæªÀÄ'was conducted on 09.01.2020.









10.01.2020: Skit competition for Yuvajanotsava
Skit competition on the title 'Model ActDz˱Àð £Àl£É'was conducted on the topic 'EA¢£À "sÁgÀvÀ'on 10.01.2020





11.01.2020: Inter-institutional Workshop on Youth

The NSS and YRC units conducted a programme on 'Youth Empowerment' in association with Fr Muller's Nursing College, Mangalore. Three sessions on Positive Thinking, Healthy Living to Conquer Stress and Drug free healthy life were conducted. The Lions Club Kinnigoli was part of the programme.







13.01.2020: Song competition for Yuvajanotsava

A song competition titled 'Youth MelodyAiÀÄÄäÀ ¸ÀégÀ'was conducted on 13.01.2020.



15.01.2020: MakaraSankranthi celebration Dance competition, Traditional outfit and Ready plate competitions for Yuvajanotsava

On MakaraSankranthi day a one day cultural camp of all the volunteers was conducted as part of Yuvajanotsava competitions. The competitions which began at 9.30 a.m.were concluded at 4.30 p.m. Three different competitions conducted on the day were: 1. Proud Outfit °ÉªÉÄäAiÀÄ ¢j,ÀÄ 2. Ready Plates ¹zÀÞ w¤,ÀÄ3.Dance Together,ÀégÀPÉÌ °ÉeÉÓ













16.01.2020: Drawing and Kite Competition

A drawing competition titled 'Colours of Joy D£ÀAzÀzÀ §tÚ'onthe topic '¤¸ÀUÀð' was conducted at 8.45 am on 16.01.2020. A kite making competition was conducted at 3.45 pm on the same day.





18.01.2020: Flower Arrangement

A flower arrangement competition titled 'Bouquet of Welcome, ÁéUÀvÀ UÀÄZÀÒ' was conducted at 8.45 am. on 18.01.2020

18.01.2020: Youth Day celebration

Yuvajanotsava or the Youth Day was celebrated on 18.01.2020 in college auditorium at 1.30 pm. The chief guests of the programme were Ln Melwin D'Souza and Ln Hilda D'Souza. The prizes of various competitions conducted with regard to Yuvajanotsava were given away. Team Santhal emerged as champions. All the teams had participated in all the competitions of Yuvajanotsava. Principal presided over the programme. Cultural programme followed the formal programme.



26.01.2020: Republic Day celebration

The volunteers participated in Republic day celebration conducted in college. about the do's and don'ts during the trekking.

21.02.2020: Trekking to Kuppalli and Shringeri

A trekking was conducted on 21.02.2020 to Kuppalli and Shringeri. We began at 7 am from college and returned to the college at 7pm. It was a great fun. 53 volunteers and 2 officers accompanied trekking.

No. of volunteers participated: 66





22.02.2020: AIDS Awareness programme

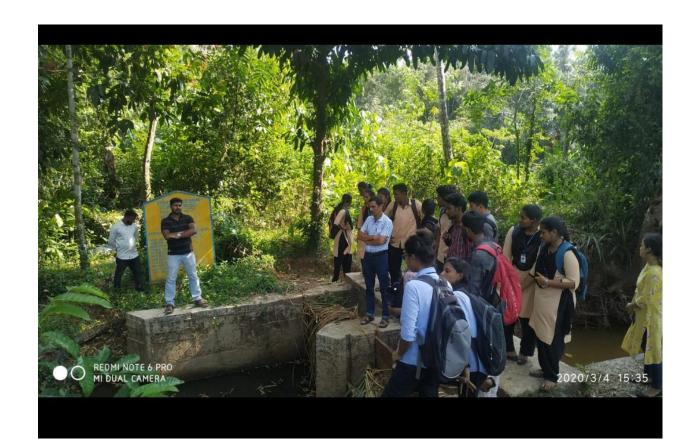
An AIDS awareness programme was conducted on 22.02.2020, Prof. Yogindra B., HOD of Sociology was the resource person.

04 - 06.03.2020: Work Camp by Nehru Yuva Kendra

15 volunteers participated on the first day and eight volunteers participated on three days in a work camp conducted by Nehru Yuva Kendra, Mangalore and Sri SubramanyMahaganapathi Sports Club ®, Thokur, Haleyangadi, Mangalore.

No. of volunteers participated: 15









27.04.2020: Online Awareness Programme on COVID - 19

To create social awareness among the volunteers about COVID-19, an online awareness programme was conducted on 27.04.2020 through the zoom app. State NSS Officer DrGananathaShettyYekkar gave an inaugural address .DrPoornimaJogi, State NSS Implementation officer, DrNagarathna K.A., NSS Coordinator, Mangalore University addressed the students on COVID -19. MrDeviprasad, NSS Nodal Officer, COVID-19 was the Resource Person. Principal presided over the programme. About 50 volunteers participated in the programme.

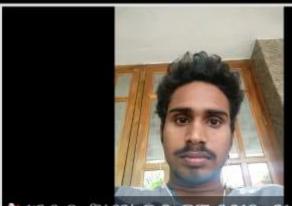
No. of volunteers participated: 83











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