

POMPEI COLLEGE YOUTH RED CROSS 2021-22

The Youth Red Cross is a most important constituent of its mother organization Indian Red Cross Society. YRC aims at inculcating the 7 fundamental principles of the Red Cross movement viz., Humanity, impartiality, neutrality, independence, voluntary service, unity and universality. The Youth Red Cross is organized with a view to develop and deploy student youth resource for working towards these principles.

Objectives

- Taking care of their own health and that of others
- Understanding and accepting civic responsibility
- Promotion of national and international understanding and goodwill by using their international link of the movement
- Promotion of volunteerism.

OFFICE BEARERS

Co-ordinator : Mrs. Anitha Cutinha
Asst. coordinator : Miss Florine Clara Dsouza
Student Representative : Miss. Riya Maria (II B.COM)
Miss. Divya (II B.COM)

Inauguration of the programme: 17/12/2021

On 17/12/21 the inauguration of YRC, NSS and YRC was held at college auditorium. Resource person Prof. Santhosh Sequeira inaugurated the programme. NCC officer Dr. Purushotham K.V , NSS Officer Namichandra Gowda were present at the programme and all the volunteers actively participated in the programme.



Presidential address by Dr. Purushothama K.V



Volunteers present in the inauguration

Workshop on life skill: 18/12/2021

The workshop on life skill was conducted to the NSS and YRC volunteers. The volunteers of NSS and YRC were part of the programme. Fathima Farvina was the resource person from Prajna council, Mangalore.



PO's of YRC, NSS, Leaders and Principal with resource person Volunteers doing the task assigned during the workshop

Cleaning work: 21/12/2021

Cleaning work is done by NSS and YRC volunteers near the rain water harvesting pit on 21/12/2021 in the college campus



Volunteers engaged in cleaning

National youth Day: 12/1/2021

National youth day was celebrated by YRC in association with NSS and NCC on account of Birthday of swami Vivekananda and the talk By Mr. Prabhakar Shetty, Lecturer, Vidyverdaka College, Mundkooor.



Resource person addressing the gathering while PO's of YRC, NSS and NCC were on the dias

Essay competition: 13/1/2021

On behalf of National Youth Day essay competition was conducted to the YRC volunteers on 13/1/2022 on the topic “Rastriya Yekatheyalli Yuvajanara Paathra”



YRC and NSS volunteers participating in the essay competition on “Rastriya Yekatheyalli Yuvajanara Paathra”

Drawing competition: 14/1/2022

Drawing competition was conducted on the occasion of National Youth Day on the topic of protection of environment on 14/1/2022 to all the YRC and NSS volunteers



Participation of YRC volunteers in drawing competition.

Republic day: 26/1/2022

On the occasion of Republic day cleaning programme was undertaken by YRC volunteers after the flag hoisting



Youth Red Cross unit cleaned the premises from Pompei college to Damaskatte

Blood Donation: 12-02-2022

Blood donation camp was organized in association with NSS , NCC, YRC with KMC hospital, Mangalore on 12 /02/ 2022 at Pompei College auditorium. Rev. Fr. Oswald Montheiro inaugurated the programme. Rotary and Lion club of Kinnigoli were present for the blood donation camp.



Rev. Fr. Oswald Montheiro giving the inaugural address.



Youth Red Cross volunteers donated their blood

First Aid: 26-02-2022

First aid programme was organized by Youth Red Cross in association with NSS of Pompei College, Aikala on 26/2/2022. Dr. Daniel Thomas, Concetta Hospital, Kinnigoli was the resource person in the program.



Dr. Daniel Thomas, Resource person delivering a lecture

Annual Camp

Date: 21-03-2022 to 23-03-2022

Inauguration of the Camp

The inauguration of the annual camp of the Youth Red Cross unit was held on 21-03-2022 at 9:30 AM. The Vice- Governor of the Rotary Club R| Balakrishna Shetty Kallige inaugurated the annual camp 2021-22. The inaugurator said that volunteers should be the ambassadors of social work by staying away from the addictions.

L| Purushothamma, President of the Bunts Association was the chief guest of the programme. He emphasized the need to spread awareness about the importance of blood donation, cleanliness.

Mrs. Saguna, President , Aikala Grama Panchayat Mrs. Saguna, Vice President of Aikala Grama Panchayat Mr. Rajesh Shetty and PDO Mr. Abdulla Asaf were present. Dr. Purushothamma K.V, Principal of Pompei College presided over the inaugural session. Dr. Shobharani, Senior Doctor from KollurAyurvedic Hospital, Mr. James Oliver, Student Welfare Officer, The Youth Red Cross Coordinator Mrs. AnithaCutinha and Assistant Coordinator Ms. Florine Clara Dsouza were also present. Ms. Meghana, YRC Volunteer compered the programme while Ms. Prajna, YRC Volunteer delivered the vote of thanks.



Inauguration the annual Camp

Date: 21-03-2022

Day: Monday

Time: 10:00 AM

Programme: Yoga Practice

Dr. Shobharani, Senior Doctor from Kollur Ayurvedic Hospital along with her team took a yoga session. The conducted the session from 10:00 to 10:45.

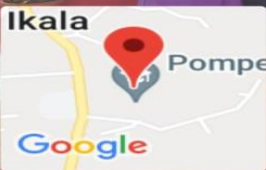


Yoga Session conducted under the guidance of Dr. Shobarani

Time: 10:45

Programme: Importance of Counselling

The trainers from Pauline Home Counselling Centre Ms. SheronCrasta, Mr. Jeevan, Mr. AlbinShaji and Mrs. AnishkaDesa gave a talk to the volunteers on the importance of counselling, and leadership qualities. Dr. Purushothamma K.V gave a memento to the trainers from Pauline Home Counselling Centre.



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The Resource persons from Parjna counselling centre were appreciated by Principal

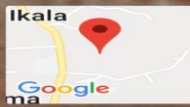
Time: 1:00

Lunch Break

Time: 2:00

Programme: Life Skill

The trainers from the Prajna Counselling Centre gave a talk on the development of the life skills to the volunteers. They conducted the activities to ensure the responsive and active participation of the volunteers.



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Prof. Yogindra introducing the resource persons to the volunteers



Pictures showing the involvement of volunteers in the session

Time: 4:00

Programme: Serviceable Information on YRC

Prof. Yogindra B, Head, Department of Sociology, Pompei College enriched the students about the Youth Red Cross

Time: 4:30

Programme: Overview

The volunteers overviewed the activities held on the day. The session was presided over by Ms. AnithaCutinha, Coordinator of YRC. The Volunteers were given suggestions for betterment.

Date: 22-03-2022

Day: Tuesday

Time: 10:00 AM

Programme: Yoga Practice

Dr. Shobharani, Senior Doctor from Kollur Ayurvedic Hospital along with her team took a yoga session. The conducted the session from 9:00 to 9:30.

Time: 9:30 AM

Programme: Time Management and Universal Values

The trainers from JCI Tribhuvan Moodbidri JC Mrs. Varsha Kamath, gave training on time management and JCI Ganeshpura JC Mr. Adarsh Shetty gave a training on universal values to the volunteers. Dr. Purushothamma K.V gave a memento to the trainers from JCI Tribhuvan Moodbidri and JCI Ganeshpura. They conducted the activities to ensure the responsive and active participation of the volunteers.



The volunteers were divided into groups for the activities

Time: 1:00

Programme: Lunch Break

Time: 2:00

Programme: competitions

Various competitions were conducted to the volunteers. Such as collage competitions, cultural programme, quiz, musical chair, blind folding etc

Time: 4:30

Programme: Overview

The volunteers overviewed the activities held on the day. The session was presided over by Ms. AnithaCutinha, Coordinator of YRC. The Volunteers were given suggestions for betterment.

Date: 23-03-2022

Day: Wednesday

Time: 10:00 AM

Programme: Yoga Practice

Dr. Shobharani, Senior Doctor from KollurAyurvedic Hospital along with her team took a yoga session. The conducted the session from 9:00 to 9:30.

Time: 9:30 AM

Programme: Training on first aid

Dr. Deepika C.A Durga Sanjivani Manipal Hospital, Kateel train the volunteers on first aid

Dr. Purushothama K.V gave a memento to the trainers



Volunteers and resource person in the First aid Session

Time: 12.00 PM

Programme: Talk on Fuel independence for India

Team from Meera Clean Fuels LTD in association with MCL Producer Organization, gave a talk on to save our mother Earth by replacing killer fossil fuel by Clean Bio-fuels. It was purely on agricultural products. Students gain the knowledge



Session on fuel independence was conducted for the volunteers

Time: 1:00

Lunch Break

Time: 2:00

Programme: Valedictory

Valedictory session was held at 2.30 PM. Dr. Purushothama K.V was the president of the valedictory session. Mr. Anil Cheriyan delivered the valedictory speech. Fr.Sunil George D'souza, administrative in-charge, Mr.Yogish Kotian, Ex-president of Aikala Grama Panachayat, Mr.T. K abdul Khada, Social Worker were present as the chief guests.

During the valedictory program Mr. Mohammed Shameer and Mr. Hasanabba, YRC volunteers from 1B.Com were awarded as Best Campers and Ms. Riya Maria, YRC volunteer from II B.Com was awarded with the best volunteer title. Mrs. Anitha Cutinha expressed her gratitude for all the donars and Ms. Gayathri, Volunteer from I B.A was the master of the ceremony.



Valedictory session of the YRC Camp 2021-22

Yoga training session: 20/5/2022

Yoga training session was held on 20/5/2022 for Youth Red Cross students in association with NSS. Mr. Pranik from Ayush Health & Wellness Center, Balkunje was the resource person. The yoga session was held at auditorium of Pompei College. Volunteers were present for the session



NSS officer honoring the resource person and YRC PO's on the dias

Farewell programme: 11/6/2022

Youth Red cross of Pompei College organized a farewell programme to Prof. Yogindra. B of sociology department for his service to the college and Youth Red Cross . Programme was held in the providence Hall of Pompei College. All the volunteers actively participated in the programme on 11/6/2022



Prof. Yogindra, YRC Advisor was felicitated on his retirement

World environment day: 6/06/2022

On the occasion of world environment day Youth Red Cross volunteers took active participation in the tree plantation which was held at Pompei College on 6/06/2022. In association with Humanities association, NSS, NCC and commerce association.



YRC celebrated the World Environment Day by planting the saplings

International Yoga Day: 21/06/2022

On the occasion of International Yoga day was celebrated in association with NCC and NSS. Mr. Pranik from Ayush Health & wellness center, Balkunje was the resource person. The Yoga session was held at auditorium of Pompei College. Volunteers actively participated in the programme



Yoga Day was celebrated by the YRC

Amritha Bharatige Kannadaarathi: 12/08/2022

On the occasion of Azadi Ka Amrit Mahotsav Kinnigoli Pattana Panchayath organized Amritha Bharatige Kannadaarathi. The volunteers started a rally from Pompei College to Kinnigoli. YRC Volunteers prepared placards with the patriotic quotes and participated in the rally holding a tricolor flag and placards. Volunteers shouted the slogans of patriotism. Mr. Umanath Kotian addressed the gathering at Kinnigoli Pattana Panchayath. The volunteers saw the patriotic skit on Esuru Tragedy presented by the students of Pompei College.



YRC & NSS volunteers depicting the azadi ka amrit mahotsav



YRC in the rally

Independence Day 15/08/2022

Pompei College Aikala celebrated the 76th Independence Day in the college. The volunteers joined the Independence Day parade and proudly saluted the nation. There was the cultural programme and the volunteers participated in the programme.



YRC celebrated the independence along with NSS & NCC